

Ilastin-FT Nasal Spray

COMPOSITION: Each Ilastin-FT Nasal Spray bottle contains

Fluticasone Propionate 50mcg + Azelastine 140mcg / Spray (70 MD)

STORAGE

- Store below 30°C
- Store in a cool & dry place away from direct sunlight
- Keep it out of reach of children

PRODUCT INTRODUCTION

Ilastin-FT Nasal Spray is a combination medicine used in the treatment of allergy symptoms such as runny nose, stuffy nose, sneezing, watery eyes, and congestion or stuffiness.

Ilastin-FT Nasal Spray should be used as you have been advised by your doctor. Do not use it more often or for longer than recommended. Normally you should blow your nose gently before using it, keep one nostril closed while applying the medicine into the other, and then sniff hard to make sure it reaches deep into the nose. Then repeat for the other nostril. It provides relief very quickly and can last for several hours. If you use this medicine too often or for too long, it may worsen your symptoms rather than improve them.

The most common side effects are taste change, nosebleeds, diarrhea, fever, and headaches. Most of these are temporary and usually resolve with time. Contact your doctor straight away if you are at all concerned about any of these side effects.

Never support self-medication or recommend your medicine to another person. It is beneficial to have plenty of fluids while taking this medication. Before you start taking this medicine it is important to inform your doctor if you are suffering from liver or kidney disease. You should also tell your doctor if you are pregnant, planning pregnancy, or breastfeeding.

USES OF ILASTIN-FT NASAL SPRAY

- Treatment of Sneezing and runny nose due to allergies

BENEFITS OF ILASTIN-FT NASAL SPRAY

In Treatment of Sneezing and runny nose due to allergies

Ilastin-FT Nasal Spray provides relief from symptoms such as blocked or runny nose, sneezing, and itchy or watery eyes. This will make it easier for you to go about your daily activities. It rarely has any serious side effects and you may only need to take it on days you have symptoms. Moreover, Ilastin-FT Nasal Spray may make you feel less sleepy as compared to other antihistamine medicines. If you are taking it to prevent getting symptoms you should use it regularly to get the most benefit.

SIDE EFFECTS OF ILASTIN-FT NASAL SPRAY

Most side effects do not require any medical attention and disappear as your body adjusts to the medicine. Consult your doctor if they persist or if you're worried about them

Common side effects of Ilastin-FT

- Taste change
- Nosebleeds
- Headache
- Cough
- Upper respiratory tract infection
- Dryness in mouth
- Nasopharyngitis (inflammation of the throat and nasal passages)
- Stomach discomfort
- Voice change

HOW TO USE ILASTIN-FT NASAL SPRAY

Use this medicine in the dose and duration as advised by your doctor. Check the label for directions before use. Insert the bottle tip into one nostril and close the other nostril. Direct the spray towards the sides of your nostril, away from the cartilage dividing the two sides of your nose. As you spray, breath gently and keep the head upright. Repeat the same process for the other nostrils.

HOW ILASTIN-FT NASAL SPRAY WORKS

Ilastin-FT Nasal Spray is a combination of two medicines: Fluticasone Propionate and Azelastine, which relieves sneezing and runny nose caused due to allergies (allergic rhinitis). Fluticasone Propionate is a steroid which works by blocking the release of certain chemical messengers that cause inflammation (swelling) and irritation in the nose. Azelastine is an antiallergic which relieves allergy symptoms like runny nose, watery eyes and sneezing.

SAFETY ADVICE



Alcohol

No interaction found/established



Pregnancy

CONSULT YOUR DOCTOR

Ilastin-FT Nasal Spray may be unsafe to use during pregnancy. Although there are limited studies in humans, animal studies have shown harmful effects on the developing baby. Your doctor will weigh the benefits and any potential risks before prescribing it to you. Please consult your doctor.



Breast feeding

SAFE IF PRESCRIBED

Ilastin-FT Nasal Spray is probably safe to use during breastfeeding. Limited human data suggests that the drug does not represent any significant risk to the baby.



Driving

No interaction found/established



Kidney

No interaction found/established



Liver

No interaction found/established

WHAT IF YOU FORGET TO TAKE ILASTIN-FT NASAL SPRAY?

If you miss a dose of Ilastin-FT Nasal Spray, use it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular schedule. Do not double the dose.

Quick tips

- The right way to use the nasal spray:
 - Shake the bottle before using the medicine. Clean your nose thoroughly before using the medicine.
 - Insert the bottle tip into one nostril and close the other nostril.
 - Direct the spray towards the sides of your nostril, away from the cartilage dividing the two sides of your nose.
 - Breathe out gently through your mouth and repeat the same process for the other nostril.
- Avoid deep breathing as it will cause medication to go back to the throat and make it less effective.
- Inform your doctor if you have an infection, injury or ulceration in the inside of the nose as Ilastin-FT Nasal Spray can increase the risk of nose bleed and ulceration.
- Do not share the bottle with anyone else so that you do not spread germs.
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- Avoid deep breathing as it will cause the medication to go back to the throat and make it less effective.
- Do not share the bottle with anyone else so that you do not spread germs.

FAQs

Q. Can the use of Ilastin-FT Nasal Spray cause sleepiness?

Yes, Ilastin-FT Nasal Spray can make you feel sleepy. Avoid driving, operating machinery, working at heights or participating in potentially dangerous activities till you know how this medicine affects you.

Q. How to use Ilastin-FT Nasal Spray?

Before using Ilastin-FT Nasal Spray, make sure you clean your nose by blowing it gently. Shake the bottle and spray the medicine into your nose. You should keep your head down while using Ilastin-FT Nasal Spray.

Q. What are the instructions for the storage and disposal of Ilastin-FT Nasal Spray?

Keep this medicine in the packet or the container it came in, tightly closed. Store it according to the instructions mentioned on the pack or label. Dispose of the unused medicine. Make sure it is not consumed by pets, children and other people.